

All Kabobiled

Choreographer: Bryan McWherter
Description: 64 count, 4 wall, beginner/intermediate line dance
Music: *Mixed Up Mess Of A Heart* by Danni Leigh

Beats / Step Description

HEEL SPLITS, HITCHES

1-2 On balls of both feet split heels, bring heels back together
3-4 Repeat 1-2
5-6 Present right heel forward, hitch right leg in front of left leg
7-8 Present right heel forward, flick right leg out to right side
On counts 5-8, weight should remain on left

HITCHES

1-2 Present right heel forward, hitch right leg in front of left leg
3-4 Repeat steps 1-2 of this section
5-6 Step forward onto right foot, hitch left leg behind right
7-8 Step back onto left foot, hitch right leg in front of left

STEP LOCKS WITH BRUSHES

1-4 Step right foot forward, lock left foot behind right, step right forward, brush left next to right
5-8 Step left foot forward, lock right foot behind left, step left forward, brush left next to left

STEP ½ TURN, WALKS

1-2 Step forward onto the ball of the right foot, hold
3-4 Make a ½ turn to your left putting weight on left, hold
5-8 Walk forward right, left, stomp right next to left, hold

TOE FANS, TOES, HEELS, HEELS, TOES

1-2 With weight on right heel fan right toe out, bring right toe in
3-4 With weight on left heel fan left toe out, bring left toe in
5-6 On the heels of both feet fan both toes out, on the toes of both feet fan both heels out
7-8 On the toes of both feet fan both heels in, on the heels of both feet fan both toes in
On count 8 you should be in a home position

STEP SLIDES, VINE ¼ TURN

1-2 Step right foot out to right side, slide & step left foot next to right
3-4 Step right foot out to right side, slide & touch left foot next to right
5-8 Step left foot out to left side, step right foot behind left, step left foot out ¼ turn to the left, brush right foot next to left

VINE RIGHT, VINE LEFT

1-4 Step right foot out to right side, step left foot behind right, step right foot out to right side, brush left foot next to right
5-8 Step left foot out to left side, step right foot behind left, step left foot out to left side, stomp right foot next to left

KICK BALL CHANGE, WALK, STOMP

1-4 Kick right foot forward, step right foot back, step left foot next to right, hold
5-8 Step forward right, step forward left, stomp right next to left, hold
Weight should be on both feet

Smile and Begin Again