

Badonkadonk

Choreographer: Hot Pepper
Description: 32 count, 2 wall, beginner/intermediate line dance
Music: **Honky Tonk Badonkadonk** by Trace Adkins 115 bpm

Beats / Step Description

Start when Trace says the words: Left, Left, Left-Right-Left. The dance will go with the words
LEFT SIDE ROCK STEP, LEFT CROSS ROCK STEP, LEFT STEP SIDE, RIGHT TOGETHER, LEFT SIDE SHUFFLE LEFT

- 1-2 Rock left foot to left side, recover weight onto right foot
- 3-4 Cross rock left foot in front of right, recover weight onto right
- 5-6 Step left to left side, step right next to left
- 7&8 Shuffle to the left side stepping left, right, left

RIGHT CROSS ROCK, RIGHT SAILOR ¼ TURN RIGHT, LEFT SHUFFLE FORWARD, RIGHT KICK-STEP-POINT

- 1-2 Cross rock right foot over left, recover weight to left foot
- 3&4 Sweep right foot around and behind left, make ¼ turn right as you step left, right (facing 3:00)
- 5&6 Shuffle forward left, right, left
- 7&8 Kick right foot forward, step right foot down next to left, point left toe to the left side

STEP BACK-POINT SIDE (X3), RIGHT SAILOR ¼ TURN RIGHT

- 1-2 Step back on left foot, point right toe to the right side
- 3-4 Step back on right foot, point left toe to the left side
- 5-6 Step back on left foot, point right toe to the right side
- 7&8 Cross right foot behind left, make ¼ turn right as you step left, right (facing 6:00)

LEFT SHUFFLE FORWARD, RIGHT ROCK-STEP-BACK, WALK BACK LEFT-RIGHT, LEFT ROCK BUMP BACK, RIGHT BUMP FORWARD

- 1&2 Shuffle forward left, right, left
- 3&4 Rock forward onto right foot, recover weight onto left foot, step back onto right foot
- 5-6 Walk back left, right
- 7-8 Rock back onto left foot and bump hips back, recover weight forward onto right and bump hips forward

Smile and Begin Again