

# H B D ([H]appy [B]irthday [D]on)

*Choreographer: Sylvia Moody*

Description: 48 count, 4 wall, beginner line dance

Music: "Rock this Country" by Shania Twain  
Any middle/upbeat tempo swing music

## Beats / Step Description

### **KICK BALL CHANGE 2 TIMES, SHUFFLE RIGHT, LEFT, RIGHT, ROCK STEP BACK LEFT**

- 1&2 Kick ball change (kick right foot forward straight out 6" off floor, step on ball of foot next to left lifting left foot slightly off floor, step on left foot next to right)
- 3&4 Repeat steps 1&2
- 5&6 Shuffle to the right (step right foot to the right, step left foot next to right, step right foot to the right)
- 7 Step backward on to left foot lifting right heel off the floor
- 8 Replace weight on the right foot lifting left heel off the floor

### **KICK BALL CHANGE 2 TIMES, SHUFFLE LEFT, RIGHT, LEFT ROCK STEP BACK RIGHT**

- 9&10 Kick ball change (kick left foot forward straight out 6" off floor, step on ball of foot next to right lifting right foot slightly off floor, step on right foot next to left)
- 11&12 Repeat steps 9&10
- 13&14 Shuffle to the left (step left foot to the left, step right foot next to left, step left foot to the left.)
- 15 Step backward on to the right foot lifting left heel off the floor
- 16 Replace weight on the left floor lifting right heel off the floor

### **ROCK STEP, STOMP TWICE, 2 HALF TURNS**

- 17 Step forward on the right lifting left heel off the floor
- 18 Replace weight on the left foot lifting right heel off the floor
- 19, 20 Stomp right foot forward, Stomp left foot next to right
- 21, 22 Step forward on your right turn to your left, Step on your left to complete the turn
- 23, 24 Step forward on your right turn to your left, Step on your left to complete the turn

### **VINE TO THE RIGHT, 4 HIP BUMPS**

- 25 - 27 Step right to the right side, Cross left behind right, Step right foot to the right side
- 28 Step left foot next to right, weight is distributed evenly between feet
- 29, 30 Bump hips to the left, Bump hips to the right
- 31, 32 Bump hips to the left, Bump hips to the right

### **VINE TO THE LEFT, 4 HIP BUMPS**

- 33 - 35 Step left to the left, Cross right behind left, Step left to the left
- 36 Step right foot next to left, weight is distributed evenly between feet
- 37, 38 Bump hips to the right, Bump hips to the left
- 39, 40 Bump hips to the right, Bump hips to the left, weight is on left foot

### **QUARTER TURN TO LEFT, 2 SAILOR SHUFFLES, STOMP, STOMP**

- 41, 42 Step forward on the right, Turn to the left and step on left foot
- 43&44 Cross right behind left, step out to the left side with left foot step right next to left; shoulder width apart
- 45&46 Cross left behind right, step out to the right side with right foot step left next to right; shoulder width apart
- 47, 48 Stomp right foot forward, Stomp left foot forward

Smile and Begin Again