

# Jungle Freak

Choreographer: Pedro Machado and Bill Lorah  
Description: 2 wall contra line or line dance  
Music: **Freakin' You** by Jungle Brothers

Beats / Step Description

## Lunges

1&2 Lunge left foot in front of right foot to right side at 45 degrees, Rock back onto right foot,  
Step left foot next to right foot (recover)  
3&4 Lunge right foot in front of left foot to left side at 45 degrees, Rock back onto left foot,  
Step right foot next to left foot (recover)  
5&6 Repeat 1&2  
7&8 Repeat 3& but touch right foot to right side on count 8  
(While doing lunges look try to look at the persons back side that is in front of you for styling)

## Turning sailors

1-2 Touch right foot forward, Touch right foot to right side  
3&4 Sailor step ½ turn to right side ending with a stomp on 4 with right foot forward  
5-6 Touch left foot forward, Touch left foot to left side  
7&8 Sailor step ½ turn to left side ending with a stomp on 8 with left foot forward

## Kick and roll

1&2 Right kick ball step  
3 Step up with right foot while putting right hand on right knee  
4 Step down with right foot while rolling hips  
5&6 Left kick ball step  
7 Step up with left foot while putting left hand on left knee  
8 Step down with left foot while rolling hips

## Swivets and hops with turns

1-2 Step right foot forward and swivel to right side 45 degrees, Step left foot forward and swivel to left side  
45 degrees  
3,4 Repeat 1,2  
&5 Hop forward while thrusting hips forward and arms back  
&6 Hop back while making a 1/4 turn to left side and thrust arms forward  
&7&8 Repeat &5&6

## Hop and shake

&1-2 Hop forward (&1); Hold (2)  
&3-4 Hop forward (&3); Hold (4)  
5-8 Hop forward 4 Times  
(1-4 rub hands up from hips to straight up, 5-8 lower hands down to side)

## Outside turning box

1-2 Step left foot forward turning 90 degrees right, hold (clap)  
3-4 Step right foot back turning 90 degrees right, hold (clap)  
5-8 Repeat 1-4

Smile and Begin Again