

Prodissy

Choreographer : Michelle Fowler & Sally Nugent
Description: 32 count, 4 wall, beginner/intermediate line dance
Music: "When My Baby" by Scooch

Beats / Step Description

- 1 Touch left foot out to left side
- 2 Pivot a 3/4 turn left on ball of right foot (bring left foot up to right knee with left toe pointing downwards)
- 3&4 Shuffle forward on left, right, left
- 5 Cross right foot in front of left foot
- 6 Step back on left foot
- 7 Make a 1/4 turn right on right foot
- 8 Step left foot next to right

- 9 Touch right foot slightly right (mirror hands with feet)
- 10 Step on right foot slightly (mirror hands with feet)
- 11 Touch left foot slightly (mirror hands with feet)
- 12 Step on left foot slightly (mirror hands with feet)
- 13-16 From waist upwards rotate upper body to the left starting leaning backwards and to the left. Roll body round to finish back in center. (bouncing slightly on each count)

- 17 Touch both hands on side of head
- 18 Touch right hand on left shoulder and left hand on right shoulder
- 19 Touch right hand on right shoulder and left hand on left shoulder
- & Touch hands on hips (right to right side and left to left side)
- 20 Bend forward and drop head downwards pointing hands to feet
- 21 Lift head up to face front
- 22 Lift right shoulder upwards (start to raise from bend)
- 23 Lift left shoulder upwards (start to raise from bend)
- & Lift right shoulder upwards (start to raise from bend)
- 24 Lift left shoulder upwards. Body should reach normal height!

- 25 Touch right foot out to right side
- 26 Pivot a 1/2 turn right bringing right foot in place
- 27 Touch left foot out to left side
- & Bring left foot back in place
- 28 Touch right foot out to right side
- 29 Step right to right side making a 1/4 turn to the right
- 30 Pivot a 1/2 turn right and step back on left foot
- 31&32 Making a 1/2 turn right shuffle forward on right left, right

Smile and Begin Again