

Red Dress

Choreographer: Peter Metelnick, 2006

Description: 2 wall - 64 count line dance with '8 In the Middle'

Music: **Red Dress** by Sugababes (start on verse vocals)

Beats / Step Description

Walk R, L forward, R & L apart, R forward, walk L, R forward, L & R apart, L forward

1-2 Step R forward, step L forward

&3-4 Step R apart, step L apart, step R slightly forward

5-6 Step L forward, step R forward

&7-8 Step L apart, step R apart, step L slightly forward

R & L forward syncopated rock steps, L full turn back, L coaster step

1-2& Rock R forward, recover weight on L, step R together

3-4 Rock L forward, recover weight on R

5-6 Turning ½ left step L forward, turning ½ left step R back (*Easier option 5-6: Step L back, step R back*)

7&8 Step L back, step R together, step L forward

R forward syncopated rock step into ¼ R pivot turn, weave R 2, L sailor heel

1-2& Rock R forward, recover weight on L, step R together

3-6 Step L forward, pivot ¼ right, cross step L over R, step R to side

7&8 Cross step L behind R, step R slightly to side, touch L heel forward on diagonal

L & R together, ¼ R twist, R coaster back, L forward, ½ R pivot turn, L forward triple

&1-2 Step L down, touch (*step*) R together, twist heels L turning ¼ right with weight ending on L

3&4 Step R back, step L together, step R forward

5-6 Step L forward, pivot ½ right

7&8 Step L forward, step R together, step L forward

"8 in the Middle" * * During the 2nd & 5th walls : add the following 8 counts before continuing the dance at count 33.

1-2 Step R forward, pivot ½ left

3&4 Step R forward, step L together, step R forward

5-6 Step L forward, pivot ½ right

7&8 Step L forward, step R together, step L forward (now carry on with count 33)

L full turn forward, R forward, ¼ L pivot turn, weave L 2, behind-side-cross

1-2 Turning ½ left step R back, turning ½ left step L forward (*Easier option 1-2: Step R forward, step L forward*)

3-6 Step R forward, pivot ¼ left, cross step R over L, step L to side

7&8 Cross R behind L, step L to side, cross R over L

L side, hold, R together, L side rock & recover, weave R 2, L sailor

1-2& Step L to side, hold, step R together

3-6 Rock L to side, recover weight on R, cross step L over R, step R to side

7&8 Cross L behind R, step R slightly to side, step L to side

R cross step, hold, L together, R cross step, L to side, R back rock & recover, ½ L hinge turn

1-2& Cross R over L, hold, step L together

3-6 Cross R over L, step L to side, rock back on R, recover weight on L

7-8 Turning ¼ left step R back, turning ¼ left step L to side

R cross step, hold, L together, R cross step, L to side, R back rock & recover, ¾ L hinge turn

1-2& Cross R over L, hold, step L together

3-6 Cross R over L, step L to side, rock back on R, recover weight on L

7-8 Turning ¼ left step R back, turning ½ left step L forward

Tag after 2nd wall: At the end of the 2nd wall (you will be facing the front wall) add the following tag:

1-4 Turn ¼ left and step R to side, touch L together, step L to side, touch R together

5-16 Repeat counts 1-4 three more times to return to front wall. Begin dance again

Smile and Begin Again