

Redneck Woman

Choreographer: Helen Born & Nita Lindley
Description: 32 count, 2 wall, beg/inter two step line dance
Music: **Redneck Woman** by Gretchen Wilson 186 bpm
All The Fun by Paul Overstreet 145 bpm

Beats / Step Description

WALK, WALK, SYNCOPATED FORWARD ROCK, SYNCOPATED SIDE ROCKS

1-2 Walk forward right, left,
3&4 Rock forward on right, rock back on left, right together
5&6 Rock left on left, recover right, left together
7&8 Rock right on right, recover left, right together

PIVOT ¼ RIGHT, WEAWE RIGHT, ¼ RIGHT TURN SHUFFLE, ROCK STEP

1-2 Step left forward, pivot ¼ turn right,
3&4 Cross left over right, step right to right, step left behind right,
5&6 Turn ¼ right shuffle right, left, right
7&8 Rock forward on left, recover on right, left together

RIGHT & LEFT SAILOR STEPS, HEEL & HEEL, ¼ TURN RIGHT

1&2 Cross right behind left, step left foot to left, right in place
3&4 Cross left behind right, step right foot to right left in place
5&6& Touch right heel forward, step right next to left (&), touch left heel forward, step left next to right
7-8 Touch right toe back, turning ¼ right ending with weight on right foot

HEEL& HEEL, ¼ TURN LEFT RIGHT & LEFT HIP BUMPS

1&2& Touch left heel forward, step left next to right (&), touch right heel forward, step right next to left
3-4 Touch left toe back turning ¼ left ending with weight on left foot
5&6 Step on right foot bump right, left, right,
7&8 Step on left foot bump left right left

Smile and Begin Again