

SIX PACK SUMMER

(Partner)

Choreographer: Dan Albro
Description: 32-count, partner circle dance, beginner/intermediate
Music: **Six Pack Summer**, Phil Vassar, 100 BPM

Beats / Step Description

- 1/4 TURN, CROSS BEHIND, SHUFFLE, 1/4 TURN, CROSS BEHIND, SHUFFLE**
1-3&4 **BOTH:** Step forward L turning 1/4 right, step R behind L, 1/4 turn left shuffle fwd L, R, L
HANDS: Hands out to side
5-7&8 **BOTH:** Step forward R turning 1/4 left, step L behind R, 1/4 turn right shuffle fwd R, L, R
HANDS: Drop L hands, R hands will go over ladies head on both 1/4 turns
- ROCK 1/2 TURN, SHUFFLE, 1/4 TURN, SWAY 2,3, 1/4 TURN**
1-3&4 **BOTH:** Rock fwd L, begin 1/2 turn left stepping back R, finish 1/2 turn shuffling fwd L, R, L
HANDS: Drop R hand, pick up L hand, L hand goes over mans head on 1/2 turn
5-8 **BOTH:** Step fwd R turning 1/4 left sway hips R, sway hip L, sway hips R, 1/4 turn left stepping fwd L.
HANDS: Keeping L hands up, bring them over ladies head on 1/4 turn, pick up R hands
- 3 SHUFFLES FWD (LADIES FULL TURN R), STEP 1/2 PIVOT TURN R**
1&2 **BOTH:** Shuffle fwd R, L, R,
HANDS: Hands Side by side position
3&4 **MAN:** Shuffle fwd L, R, L
LADY: Full turn right shuffling L,R,L
5&6 **MAN:** Shuffle fwd R, L, R
LADY: Finish full turn right shuffling R, L, R
HANDS: Release L hands, R hands over ladies head for turn, pick up L hands
7,8 **BOTH:** Step fwd L pivot 1/2 turn right stepping fwd R
HANDS: Drop R hands, bring L hands over ladies head
- 1/2 PIVOT TURN, SHUFFLE FWD, LADIES FULL TURN, SHUFFLE FWD**
1-3&4 **BOTH:** Step fwd L pivot 1/2 turn right, step fwd R, shuffle L, R, L,
HANDS: L hands will hook behind mans back, pick up R hands in front
5,6 **MAN:** Walk fwd R, L
LADY: Full turn left stepping R, L
HANDS: Release L hands, bring R hands to ladies R shoulder, pick up L hands
7&8 **BOTH:** Shuffle fwd R, L, R,
HANDS: Begin again in side by side position, cape, sweetheart, you know!

Smile and Begin Again