

Smooth Swing

Choreographer: Vic & Shirley Morris
Description: 46 count, beg/inter east coast swing partner/circle dance
Music: **Even If I Tried** by Emilio 124 bpm
Five O'Clock Dance by Marlee Scott
Why Don't We Just Dance by Josh Turner

Position: Man facing OLOD, Lady facing ILOD, Two Hand Hold
Start dancing on lyrics

Beats / Step Description

MAN'S STEP

BASIC EAST COAST SWING

1&2 Chassé side left, right, left
3&4 Chassé side right, left, right
5-6 Rock left back, recover to right

CHANGING SIDES

1&2 Chassé forward left, right, left
3&4 Turn ½ left and triple in place right, left, right
5-6 Rock left back, recover to right (ILOD)

Arm work: on counts 1&2 man will pick up lady's right hand & release her left hand & raises over her head

SHE GOES, HE GOES

1&2 Chassé forward left, right, left (slightly to allow lady to turn in)
3&4 Triple in place turning ½ left stepping right, left, right
5-6 Rock left back, recover to right, (facing OLOD)

Arm work: on counts 1&2 lady goes under man's raised left arm, 3&4 man goes under left arm

PEEK-A-BOO MOVES

1&2 Triple in place stepping left, right, left
3-4 Rock right to side, recover to left
5&6 Triple in place stepping right, left, right
7-8 Rock left back, recover to right

Arm work: man raises lady's right hand on counts 1&2 lady goes under raised arm, 5&6 lady goes under raised arm. On counts 3-4 man will place his right hand on the lady's left shoulder blade, lady will put her left hand up in air, 7-8 lady's left hand up

LADY & MAN INTO OPEN PROMENADE

1&2 Triple in place stepping left, right, left
3&4 Triple in place stepping right, left, right
5-6 Step left back, turn ¼ left (weight to right) (LOD)

Arm work: on counts 1&2 raise lady's right arm as she goes under your left arm, on counts 3&4 put your right hand on her shoulder. Lady's left hand will go on his right shoulder, his left hand her right hand will join in front

SHUFFLES & WIGGLE WALKS

Open promenade

1&2 Chassé forward left, right, left
3&4 Chassé forward right, left, right
5-8 Turn ¼ right and step left to side (facing OLOD), cross right over left, step left to side, cross right over left

Arm work: his left arm will be out toward OLOD he will move it in, out, in, out to make the lady wiggle & he can also wiggle

LADY'S ¾ TURN INTO STARTING POSITION

1&2 Triple in place stepping left, right, left
3&4 Triple in place right, left, right (adjusting to the lady)
5-6 Rock left back, recover to right

Arm work: on counts 1&2 raise lady's right arm to allow her to go under your left arm, 3&4 start bring left arm

down& pick up lady's left hand

LADY'S STEPS

BASIC EAST COAST SWING

1&2 Chassé side right, left, right

3&4 Chassé side left, right, left

5-6 Rock right back, recover to left

Arm work: on count 5 release lady's right hand

CHANGING SIDES

1&2 Chassé forward right, left, right

3&4 Turn ½ right and triple in place left, right, left

5-6 Rock right back, recover to left (OLOD)

Arm work: on counts 1&2 man will pick up lady's right hand & release her left hand & raises over her head

SHE GOES, HE GOES

1&2-3&4 Triple in place twice turning ¾ left stepping right-left-right, left-right-left

5-6 Rock right back, recover to left (RLOD)

Arm work: on counts 1&2 lady goes under man's raised left arm, 3&4 man goes under left arm

PEEK-A-BOO MOVES

1&2 Triple in place turning ½ left stepping right, left, right

3-4 Rock left back, recover to right (LOD)

5&6 Triple in place turning ½ right stepping left, right, left

7-8 Rock right back, recover to left (RLOD)

Arm work: man raises lady's right hand on counts 1&2 lady goes under raised arm, 5&6 lady goes under raised arm, on counts 3-4 man will place his right hand on the lady's left shoulder blade, lady will put her left hand up in air, 7-8 lady's left hand up

LADY & MAN INTO OPEN PROMENADE

1&2 Turn ½ left and triple in place right, left, right

3&4 Turn ¼ left and triple in place left, right, left

5-6 Step right back, turn ¼ right (weight to left) (LOD)

Arm work: on counts 1&2 raise lady's right arm as she goes under your left arm, on counts 3&4 put your right hand on her shoulder, lady's left hand will go on his right shoulder, his left hand her right hand will join in front

SHUFFLES & WIGGLE WALKS

Open promenade

1&2 Chassé forward right, left, right

3&4 Chassé forward left, right, left

5-6-7-8 Cross right over left, cross left over right, cross right over left, cross left over right (use your hips)

Arm work: his left arm will be out toward OLOD he will move it in, out, in, out to make the lady wiggle & he can also wiggle

LADY'S ¾ TURN INTO STARTING POSITION

1&2-3&4 Triple in place twice turning ¾ right stepping right-left-right, left-right-left

5-6 Rock right back, recover to left

Arm work: on counts 1&2 raise lady's right arm to allow her to go under your left arm, 3&4 start bring left arm down& pick up lady's left hand

Smile and Begin Again