

Sunshine In My Pocket

Choreographer: Gena Howard
Description: 64 count, 4 wall, intermediate line dance
Music: **Pocketful Of Sunshine** by Natasha Bedingfield

Beats / Step Description

CROSS TOUCH X 3, ½ MONTEREY

1-2 Cross left over right, touch right to side
3-4 Cross right over left, touch left to side
5-6 Cross left over right, touch right to side
7-8 Turn ½ right and step right together, touch left to side

STEP HITCH, COASTER, ¼ TOUCH TWICE

1-2 Step left forward, hitch right
3&4 Step right back, step left together, step right forward
5-6 Step left forward, turn ¼ right and touch right together
7-8 Step right back, turn ¼ left and touch left together

STEP HEEL TWICE, & CROSS, & HEEL JACK, & CROSS TOUCH

1-2 Step left together, touch right heel diagonally forward
3-4 Step right together, touch left heel diagonally forward
&5&6 Step left together, cross right over left, step left to side, touch right heel diagonally forward
&7-8 Step right together, cross left over right, touch right to side

SAILOR STEP TWICE, STEP TOUCH FORWARD TWICE

1&2 Cross right behind left, step left together, step right to side
3&4 Cross left behind right, step right together, step left to side
5-6 Big step right forward, drag/touch left together
7-8 Big step left forward, drag/touch right together

SLIDE RIGHT, PADDLE TURN TWICE, CROSS RECOVER SIDE TWICE

1-2 Step right to side, slide/step left together
&3&4 Hitch right, turn ¼ left and touch right to side, hitch right, turn ¼ left and touch right to side
5&6 Cross/rock right over left, recover left, step right together
7&8 Cross/rock left over right, recover right, step left together

MAMBO FORWARD, MAMBO BACK, SCUFF HITCH, ½ TURN WITH HIP BUMPS

1&2 Rock right forward, recover on left, step right together
3&4 Rock left back, recover right, step left together
5&6 Scuff right forward, hitch right, step right forward
7&8 Turn ½ left bumping hips right, left, right

COASTER STEP, WALK TWICE, COASTER FORWARD, COASTER BACK

1&2 Step left back, step right together, step left forward
3-4 Walk forward right, left
5&6 Step right forward, step left together, step right back
7&8 Step left back, step right together, step left forward

HIP WALKS TWICE, ¼ TURN HIP BUMPS, SWAY TWICE

1&2 Step right forward and bump hips right, left, right
3&4 Step left forward and bump hips left, right, left
5&6 Step right forward and bump hips right, left, right
7-8 Turn ¼ left and step left together and sway hips left, right (Weight on right)

TAG

At the end of the 3rd wall and before starting the 4th wall

&1&2 Lift left heel, drop left heel, lift left heel, drop left heel
&3&4 Lift left heel, drop left heel, lift left heel, drop left heel

Smile and Begin Again

