

# Trust Us

Choreographer: Ann Williams

Description: 64 count, partner dance

Music: **Trust Yourself** by Carlene Carter 105 bpm

**Nothin' On But The Radio** by Gary Allan 109 bpm

*Position: Closed Western position, man facing OLOD. Opposite feet throughout*

## Beats / Step Description

### **SIDE, TOGETHER, SHUFFLE, SIDE, TOGETHER, SHUFFLE**

1-4 Step left to side, step right together, left shuffle forward

5-8 Step right to side, step left together, right shuffle back

### **SIDE ROCK, RECOVER, SAILOR ¼ TURN**

9-10 Step and rock left to side, recover to right

11&12 Sweep left behind right, turn ¼ left and step to right, step left forward

*Release hands and join inside hands, mans' right, lady's left, now facing LOD*

### **TURN 1/8TH, HITCH, TURN 1/8 SHUFFLE, TURN 1/8, HITCH, TURN 1/8 SHUFFLE**

13-16 Step right forward turning 1/8 right, hitch left knee and touch left hand with lady's right, step to left turning 1/8 to LOD, and left shuffle forward

17-20 Repeat last four counts

### **STEP, PIVOT, SHUFFLE ½ TURN, ROCK, RECOVER, SHUFFLE ½ TURN**

21-24 Step right forward, pivot turn ½ left to face RLOD, right shuffle turn ½ left to face LOD

*Release hands*

25-28 Step and rock left back, recover to right, left shuffle turn ½ right to face RLOD

*Briefly join inside hands for rock step then release for turning shuffle. Join inside hands after turn*

### **BACK, BACK, SHUFFLE ½ TURN**

29-32 Step right back, step left back, right shuffle turn ½ right

*Release hands for turn, rejoin hands in right side by side position facing LOD, (sweetheart)*

### **WALK, WALK, SHUFFLE, WALK, WALK, SHUFFLE**

33-36 Walk left forward, right, left shuffle forward

37-40 Walk right forward, left, right shuffle forward

### **CHANGE SIDES X 4**

*Lady passes across in front of man to his left side*

41-44 **MAN:** Step and cross left behind right, step right to side, left triple step in place

**LADY:** Step and cross right over left, step left to side, right shuffle back

*Raise left hands over lady's head & lower in front, hands crossed, left on top, Lady passes behind man to his right side*

45-48 **MAN:** Step and cross right over left, step left to side, right triple step in place

**LADY:** Step and cross left behind right, step right to side, left triple step in place

*Release right hands and rejoin behind mans' back, Left hands are behind mans' back, right hands in front of lady*

*Lady passes behind man to his left side*

49-52 **MAN:** Step and cross left over right, step right to side, left triple step in place

**LADY:** Step and cross right behind left, step left to side, right shuffle forward

*Right hands go behind man, left hands in front of lady, Lady passes across in front of man to his right side*

53-56 **MAN:** Step and cross right behind left, step left to side, right shuffle forward

**LADY:** Step and cross left over right, step right to side, left triple step in place

*Release right hands, raise left, rejoin right hands in right side by side position, (sweetheart)*

### **STEP, PIVOT, CROSS SHUFFLE, SIDE ROCK, RECOVER, CROSS SHUFFLE**

57-60 Step left forward, pivot turn ¼ right to face lady, cross left over right into a cross shuffle

*Raise right hands over lady's head into crossed hands in front*

61-64 Step and rock right to side, recover to left, cross right over left into a cross shuffle

*Release hands and rejoin in closed western position*

## Smile and Begin Again