

Trust Us

Choreographer: Ann Williams

Description: 64 count, partner dance

Music: **Trust Yourself** by Carlene Carter 105 bpm

Nothin' On But The Radio by Gary Allan 109 bpm

Position: Closed Western position, man facing OLOD. Opposite feet throughout

Beats / Step Description

SIDE, TOGETHER, SHUFFLE, SIDE, TOGETHER, SHUFFLE

1-4 Step left to side, step right together, left shuffle forward

5-8 Step right to side, step left together, right shuffle back

SIDE ROCK, RECOVER, SAILOR ¼ TURN

9-10 Step and rock left to side, recover to right

11&12 Sweep left behind right, turn ¼ left and step to right, step left forward

Release hands and join inside hands, mans' right, lady's left, now facing LOD

TURN 1/8TH, HITCH, TURN 1/8 SHUFFLE, TURN 1/8, HITCH, TURN 1/8 SHUFFLE

13-16 Step right forward turning 1/8 right, hitch left knee and touch left hand with lady's right, step to left turning 1/8 to LOD, and left shuffle forward

17-20 Repeat last four counts

STEP, PIVOT, SHUFFLE ½ TURN, ROCK, RECOVER, SHUFFLE ½ TURN

21-24 Step right forward, pivot turn ½ left to face RLOD, right shuffle turn ½ left to face LOD

Release hands

25-28 Step and rock left back, recover to right, left shuffle turn ½ right to face RLOD

Briefly join inside hands for rock step then release for turning shuffle. Join inside hands after turn

BACK, BACK, SHUFFLE ½ TURN

29-32 Step right back, step left back, right shuffle turn ½ right

Release hands for turn, rejoin hands in right side by side position facing LOD, (sweetheart)

WALK, WALK, SHUFFLE, WALK, WALK, SHUFFLE

33-36 Walk left forward, right, left shuffle forward

37-40 Walk right forward, left, right shuffle forward

CHANGE SIDES X 4

Lady passes across in front of man to his left side

41-44 **MAN:** Step and cross left behind right, step right to side, left triple step in place

LADY: Step and cross right over left, step left to side, right shuffle back

Raise left hands over lady's head & lower in front, hands crossed, left on top, Lady passes behind man to his right side

45-48 **MAN:** Step and cross right over left, step left to side, right triple step in place

LADY: Step and cross left behind right, step right to side, left triple step in place

Release right hands and rejoin behind mans' back, Left hands are behind mans' back, right hands in front of lady

Lady passes behind man to his left side

49-52 **MAN:** Step and cross left over right, step right to side, left triple step in place

LADY: Step and cross right behind left, step left to side, right shuffle forward

Right hands go behind man, left hands in front of lady, Lady passes across in front of man to his right side

53-56 **MAN:** Step and cross right behind left, step left to side, right shuffle forward

LADY: Step and cross left over right, step right to side, left triple step in place

Release right hands, raise left, rejoin right hands in right side by side position, (sweetheart)

STEP, PIVOT, CROSS SHUFFLE, SIDE ROCK, RECOVER, CROSS SHUFFLE

57-60 Step left forward, pivot turn ¼ right to face lady, cross left over right into a cross shuffle

Raise right hands over lady's head into crossed hands in front

61-64 Step and rock right to side, recover to left, cross right over left into a cross shuffle

Release hands and rejoin in closed western position

Smile and Begin Again