

Up A Notch

Choreographer: Amy Christian-Sohn
Description: 32 count, 2 wall, beg/inter line dance
Music: **Up!** by The Saturdays



Intro: 32 count

Beats / Step Description

VINE RIGHT, STEP, TOUCH, STEP, TOUCH

1-4 Step to right side, cross left behind right, right to side, touch left together
5-8 Step left to side, touch right together, step right to side, touch left together

VINE LEFT. STEP, TOUCH, STEP, TOUCH

1-4 Step left to side, cross right behind left, left to side, touch right together
5-8 Step right to side, touch left together, step left to side, touch right together

ROCKING CHAIR, WALK, WALK, WALK, TOGETHER

1-4 Rock right forward, recover to left, rock right back, recover to left
5-8 Walk forward, right, left, right, step left together

¼ PIVOT, ¼ PIVOT, OUT, OUT, IN, IN

1-4 Step right forward, pivot ¼ right on left, step right forward, pivot ¼ right on left
5-8 Step right to side, step left to side, step right to home, step left together

Smile and Begin Again

TAG

Facing the back wall, at the end of wall 9

JUST THE ARMS, RIGHT, HOLD, LEFT, HOLD, CROSS, HOLD, DOWN, HOLD

1,2 Look right as right hand goes straight out to right side, hold
3,4 Look left as left hand goes straight out to left side, hold
5,6 Look forward, arms crossed at chest, hold
7,8 Drop both arms to sides, hold