

# Urban Basics

Choreographer: Greg Van Zilen  
Description: 32 count, beg/inter partner/circle dance  
Music: **Somebody Like You** by Keith Urban 112 bpm  
**Cool To Be A Fool** by Joe Nichols 114 bpm  
**Better Life** by Keith Urban  
**Who Wouldn't Wanna Be Me** by Keith Urban 126 bpm

*Position: Starting in Sweetheart Position, same footwork  
Start dancing on lyrics*

## Beats / Step Description

### **STEP RIGHT, ½ TURN LEFT, LEFT COASTER STEP, RIGHT FORWARD AND BACK ROCK STEPS**

*This section begins facing LOD and turns facing RLOD*

1-2 Step right forward, pivot ½ turn left keeping weight on right foot

3&4 Left coaster step

5-6 Step right forward, replace weight onto left foot

7-8 Rock right back, recover to left

*Count 1, release left and raise right hands. Count 2, lower right hands folding behind man's back and join left hands in front of lady at waist level, now in Hammerlock Position*

### **STEP RIGHT, ½ TURN LEFT, LEFT COASTER STEP, RIGHT FORWARD AND BACK ROCK STEPS**

*This section begins facing RLOD and turns facing LOD*

1-2 Step right forward, pivot ½ turn left keeping weight on right foot

3&4 Left coaster step

5-6 Step right forward, replace weight onto left foot

7-8 Rock right back, recover to left

*Count 1, release right and raise left hands. Count 2, lower left hands and rejoin right, now in Sweetheart Position*

### **TURNING VINES TRAVELING LOD**

*Turns face ILOD, LOD, OLOD, LOD*

1-2 Turn ¼ left and step right foot to side; cross left foot behind right

3-4 Turn ¼ right and step right foot forward; brush left foot forward

5-6 Turn ¼ right and step left foot to side; cross right foot behind left

7-8 Turn ¼ left and step left foot forward; brush right foot forward

*Count 1, release left and raise right hands. Count 2, join left hands and extend arms slightly. Count 3, release left and raise right hands. Count 4, lower right hands and rejoin left, now in Sweetheart Position. Counts 6 and 6 extend arms. Count 7, return to Sweetheart Position.*

### **FOUR SHUFFLES FORWARD (RIGHT, LEFT, RIGHT, LEFT)**

1&2 Chassé forward right, left, right

3&4 Chassé forward left, right, left

5&6 Chassé forward right, left, right

7&8 Chassé forward left, right, left

*The last set of 8 being shuffles leaves many possibilities. Have fun with it and add your favorite variations.*

## Smile and Begin Again

Option to counts 2 and 10, kick left forward

