

# Shadow

Choreographer : Nancy Martin  
 Description: 40 count partner dance, (open hand hold position)  
 Music: Any moderate tempo music

## Beats / Step Description

	<u>Man's Steps</u>	<u>Ladies Steps</u>
<b><u>Turn, Touch, Turn, Touch, Roll Lady to Indian Position</u></b>		
1 – 2	Step Right to right ¼ turn facing outside LOD, touch Left beside Right (touch ladies right palm)	Step Left to left ¼ turn facing inside LOD, touch Right beside Left (touch man's left palm)
3 – 4	Step Left to left ¼ turn (facing LOD), Touch Right beside left	Step Right to right ¼ turn (facing LOD), Touch Left beside Right
5 – 8	Step 4 steps in place (R, L, R, L) as lady rolls in front of him	Lady does a rolling left vine & swaps hands with man ending up in front of man facing LOD
<b><u>Step, Slide, Step, Touch, Step, Slide, Step, Touch</u></b>		
9 – 12	Both step Right forward at 45° diagonal to right, slide Left beside Right, Both step Right forward at 45° diagonal to right, touch Left beside Right	
13 – 16	Both step Left forward at 45° diagonal to left, slide Right beside Left, Both step Left forward at 45° diagonal to left, touch Right beside Left	
<b><u>4 Walks, Rolling Vine</u></b>		
17 – 20	Walk 4 steps back (R, L, R, L)	Walk 3 steps back, touch Left beside Right
21 – 24	Drop hands & do a rolling vine to the right (R, L, R, touch)	Drop hands & do a rolling vine to the left (L, R, L, touch)
<b><u>Turn, Touch, Turn Touch, Rolling Vines</u></b>		
25 – 26	Step Left forward, pivot ½ turn left Right beside Left (facing BLOD)	Step Right forward, pivot ½ turn Left, touch right on Right, touch Left beside Right (facing BLOD)
27 – 28	Step Right forward, pivot ½ turn Right on Right, touch Left beside Right	Step Left forward, pivot ½ turn left on Left, touch Right beside Left
29 – 32	Drop hands & do a rolling vine to left (L, R, L, touch) At end of turns return to open hand-hold position	Drop hands & do a rolling vine to right (R, L, R, touch)
<b><u>4 Shuffles</u></b>		
33 – 40	RLR, LRL, RLR, LRL	LRL, RLR, LRL, RLR

Smile and Begin Again